

## **PROJECT 319**

### **Introductory Questions For Conversations With Your Children**

#### **Introduction**

- Explain the Importance of Connection: "I know being apart is hard, but I want to help us feel closer and show you how much you mean to me."
- Set a Positive Tone: "I'm excited to learn more about you and share things with you. Let's take this time to connect."

#### **Conversation Starters for Younger Children**

1. "What's your favorite thing to do at school or home?"
2. "What makes you laugh the most?"
3. "If you could be any animal, which one would you choose, and why?"
4. "What's the best part of your day so far?"
5. "Can you tell me about your favorite toy or game?"

#### **Conversation Starters for Older Children**

1. "What's something you're really proud of lately?"
2. "Who's your best friend, and what do you like to do together?"
3. "What's the coolest thing you've learned recently?"
4. "What do you like most about where you live?"
5. "If you could travel anywhere, where would you go, and what would you do?"

#### **Reflective Questions to Build Connection**

1. "What do you think we have in common?"
2. "Is there something you've been wanting to tell me?"
3. "What do you think makes a family special?"
4. "What's something I can do to be a better parent to you, even from far away?"
5. "What's one thing you wish we could do together right now?"

#### **Fun and Imaginative Questions**

1. "If you could have any superpower, what would it be?"
2. "What's your dream job when you grow up?"
3. "If we had a secret handshake, what would it look like?"
4. "If you could design your own holiday, what would it be like?"
5. "What's your favorite meal, and what would we eat if we cooked it together?"

#### **Closing Statement**

"Thank you for talking with me. I love hearing about your life, and it makes me feel closer to you. I'm proud of you and always thinking of you."